



# Patient Information

**CONFIDENTIAL**

Eastern Harmony Acupuncture & Herbal Clinic ■ 4611 Montrose Blvd, Suite A201 ■ Houston, TX 77006  
 www.easternharmonyclinic.com

Phone: 713-529-1610 Fax: 713-529-6870

## *Welcome to Eastern Harmony Acupuncture & Herbal Clinic*

*Please take a moment to provide us with some information about yourself and your health conditions so that we may do our best to treat you. Eastern Harmony Clinic considers this information privileged physician/patient communication and will hold it in confidence.*

NAME (LAST, FIRST, MIDDLE)			DATE
AGE	DATE OF BIRTH	SEX <input type="checkbox"/> Male <input type="checkbox"/> Female	MARITAL STATUS <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed
PHONE (HOME)	PHONE (CELL)	PHONE (WORK)	
HOME ADDRESS			
CITY		STATE	ZIP
OCCUPATION		EMAIL ADDRESS	
EMPLOYED BY			
EMPLOYERS ADDRESS			
CITY		STATE	ZIP
REFERRED BY			
SPOUSE'S NAME			
CONTACT IN CASE OF AN EMERGENCY		RELATIONSHIP	PHONE
ADDITIONAL INFORMATION/NOTES			

I understand that I should be evaluated by a physician for the condition I am requesting consultation. The diagnosis and treatment plan I will be given by Eastern Harmony Clinic is based upon Traditional Chinese medical principles and natural treatment only, and does not constitute a western medical diagnosis. I understand that I am not to rely on Traditional Chinese diagnosis and treatment as my sole remedy for the treatment I am seeking. I understand if no substantial improvement is made in the condition for which I am seeking consultation, I am to seek advice from a western medical doctor. Further, if I am concurrently undergoing western medical treatments, it is my responsibility to advise my physician of any herbal supplements I am concurrently taking.

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE



# Medical History

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MAJOR COMPLAINT/HEALTH PROBLEM

.....

.....

HOW DID THIS CONDITION DEVELOP?

.....

.....

HOW LONG HAS THIS CONDITION PERSISTED?

IS THERE ANYTHING THAT MAKES IT BETTER?

IS THERE ANYTHING THAT MAKES IT WORSE?

HAVE YOU EVER RECEIVED TREATMENT FOR THIS CONDITION? <input type="checkbox"/> Yes <input type="checkbox"/> No	IF YES, WHEN?
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WHERE?	BY WHOM?
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WHAT WAS THE DIAGNOSIS?	WHAT KIND(S) OF TREATMENT?
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WHAT WERE THE RESULTS OF THE TREATMENT?

LIST ANY SUBSTANCES THAT YOU ARE ALLERGIC TO:

LIST ANY MEDICATIONS THAT YOU ARE CURRENTLY TAKING: MEDICATION	STRENGTH	HOW MANY PER DAY	HOW LONG
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

LIST ANY MAJOR SURGERIES YOU HAVE HAD: DATE	PROBLEM/SURGERY
_____	_____
_____	_____
_____	_____

SIGNIFICANT TRAUMA (AUTO ACCIDENTS, FALLS, ETC.)

.....

.....

SIGNIFICANT ILLNESSES (PLEASE CHECK ALL THAT APPLY)

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Connective Tissue Disease	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Thyroid Disease
<input type="checkbox"/> Asthma	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Kidney Stones	<input type="checkbox"/> Venereal Disease
<input type="checkbox"/> Autoimmune Disease	<input type="checkbox"/> Gallstones	<input type="checkbox"/> Rheumatic Fever	
<input type="checkbox"/> AIDS	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Ruptured Appendix	
<input type="checkbox"/> Cancer	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Seizures	

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*Please check any symptoms you currently have or have had in the past year.*

**General**

- Chills
- Low energy
- Dizziness
- Allergies
- Fatigue
- Fevers
- Excess thirst
- Insomnia
- Nervousness
- Numbness
- Sweat spontaneously
- Night sweating
- Lack of sweating
- Weight loss
- Weight gain
- Aversion to heat
- Aversion to cold

**Head & Neck**

- Blurred vision
- Heaviness in the head
- Headache
- Phlegm in throat
- Cataract
- Double vision
- Earache
- Ear discharge
- Eye pain/strain
- Corrected vision
- Nasal obstruction
- Nasal discharge
- Loss of sense of smell
- Hearing loss
- Hoarseness
- Nosebleeds
- Recurrent sore throat
- Red/inflamed eye
- Ringing in ears
- Sinus problems
- Sores on lips
- Sores on tongue
- Taste change
- Teeth problems
- Vision – see halos

**Respiratory**

- Asthma
- Hay fever
- Persistent cough
- Coughing blood
- Shortness of breath
- Recurrent bronchitis
- Phlegm production

- Difficulty inhaling
- Difficulty exhaling

**Cardiovascular**

- Chest pain
- High blood pressure
- Low blood pressure
- Irregular heart beat
- Poor circulation
- Swelling of ankles
- Varicose veins
- Hypochondriac pain
- Distention in chest or hypochondrium

**Gastrointestinal**

- Abdominal pain
- Bloating
- Belching
- Gas
- Constipation
- Diarrhea/loose stools
- Bloody stools
- Black stools
- Difficulty swallowing
- Poor appetite
- Heartburn/reflux
- Hemorrhoids
- Indigestion
- Poor appetite
- Stomachache
- Nausea
- Vomiting
- Vomiting blood

**Diet/Lifestyle**

- Vegetarian
- Healthy diet
- Eat much fried foods
- Eat much meat
- Smoke cigarettes
- Drink alcohol
- Drink coffee
- Use drugs
- Eat a lot of sweets
- Take melatonin
- Take steroids
- Exercise regularly
- Exercise excessively

**Weight**

- Underweight
- Normal for height
- Overweight
- Very overweight

**Genitourinary**

- Dilute urine
- Dark urine
- Blood in urine
- Cloudy urine
- Burning urination
- Scanty urine
- Profuse urine
- Frequent urination
- Poor bladder control
- Urgency to urinate

**Musculoskeletal**

Pain, weakness, numbness in:

- Arms
- Feet
- Hands
- Joints
- Legs
- Hips
- Neck
- Shoulders
- Pain all over
- Cold limbs
- Knee problems
- Low back pain
- All over weakness
- Lack of strength
- Broken bones

**Skin**

- Thick skin
- Thin skin
- Broken blood vessels
- Blood not clotting
- Bruise easily
- Discoloration
- Dark circles around eyes
- Bags under eyes
- Lumps in groin
- Lumps underarm
- Dry skin
- Acne
- Brittle nails
- Premature gray hair
- Dry, brittle hair
- Hair falling out

**Neurologic**

- Fainting
- Convulsions
- Handwriting change
- Paralysis
- Stroke
- Seizures

- Tremor
- Recent clumsiness
- Drowsiness
- Vertigo

**Emotional**

- Insomnia
- Irritability
- Often feel angry
- Troubling dreams
- Cry uncontrollably
- Feel sad a lot
- Forgetful
- Mind not clear
- Anxiety
- Much fear
- Unrestrained joy
- Terrors
- Difficulty expressing emotions

**Men Only**

- Genital pain
- Impotence
- Genital sores
- Lump in testicles
- Penis discharge
- Nocturnal emission
- Low sexual energy

**Women Only**

- Abnormal pap smear
- Bleed between periods
- Irregular periods
- Heavy periods
- <25 day cycle
- >35 day cycle
- Endometriosis
- Painful periods
- Premenstrual tension
- Breast lumps
- Contraceptives
- Sores on genitalia
- Low sexual energy
- Vaginal discharges
- Menopausal
- Uterine prolapse
- Facial hair
- Loss of head hair
- May be pregnant



# Men's Fertility History

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How long have you and your partner been trying to conceive? \_\_\_\_\_

How would you define your sexual energy?  Below normal  Normal

	<u>Yes</u>	<u>No</u>
Do you have an undescended testes? .....	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been diagnosed with a varicocele? .....	<input type="checkbox"/>	<input type="checkbox"/>
Have you had any urologic surgeries? .....	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced difficulty maintaining erection?.....	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced difficulty ejaculating?.....	<input type="checkbox"/>	<input type="checkbox"/>
Have you had exposure to any known environmental toxins or hormones?.....	<input type="checkbox"/>	<input type="checkbox"/>
Have you experienced any penile discharge? .....	<input type="checkbox"/>	<input type="checkbox"/>
Do you regularly experience nocturnal emission?.....	<input type="checkbox"/>	<input type="checkbox"/>
Have you had a fertility workup?.....	<input type="checkbox"/>	<input type="checkbox"/>

If yes, what was your sperm count?  Below normal  Normal Number \_\_\_\_\_

What was the sperm motility?  Below normal  Normal Notes \_\_\_\_\_

What was the sperm morphology?  Abnormal  Normal Notes \_\_\_\_\_

COMMENTS/NOTES
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